

**Event** : BUTTERMILK DISTRIBUTION DRIVE  
**Date** : 14/07/2026  
**Organised by** : Dept. of Microbiology and Health & Fine Arts Club  
**Academic Year** : 2026 – 2027  
**Theme** : "Beat the Heat with Buttermilk – Stay Cool, Stay Healthy!"  
**Resource Persons** : Deans of Shift II

Dr. Shanbagavalli. G – Dept. of Tamil

Dr. Aruna.G – Dept. of Mathematics

Dr. Rajeshwari. P – Dept. of Bussiness Administration

**Report :**

The Department of Microbiology, in collaboration with the Health & Fine Arts Club, Microbial Society Club, and MBSI, organized a Buttermilk Distribution Drive on 14 July 2026 at Auxilium College, Vellore. The programme was conducted under the guidance of Dr. (Sr.) Mary Josephine Rani A., Secretary, Dr. (Sr.) Arokia Jayaceli A., Principal, Dr. (Sr.) Amala Valarmathy A., Vice Principal, and Dr. G. Abi Beaulah, Deputy Vice Principal.

The programme was inaugurated by the Deans of Shift II, who officially launched the event and appreciated the initiative to promote health and well-being. Nutritious and refreshing buttermilk was distributed to Secretary, Principal, Vice Principal, Deputy Vice Principal, COE, Faculty members of both Shift I & II, Students, and supporting staff to help them stay hydrated during the summer season.

The programme also created awareness about the health benefits of buttermilk as a natural probiotic drink and the importance of consuming probiotic-rich beverages for maintaining good gut health. The initiative encouraged students to adopt healthy dietary habits and promoted teamwork, social responsibility, and the spirit of community service among the volunteers. Students actively participated in the distribution drive with great enthusiasm, making the programme a meaningful and successful health awareness initiative.